

RECITAL SURVIVAL GUIDE

HAIR

All female students must wear their hair slicked back in a low bun, parted in the center UNLESS indicated on their costume guide.

Use a comb and water to get a perfect center part. Smooth hair down into a low pony and then twist into bun.

Fly away hairs should be gelled down and smoothed out with hairspray. Please use bobby pins and a hair net, and if applicable pin in dancer's hair accessory.

If your dancer has short hair, it must be pulled away from their face.

Male students should comb hair and wear it neat for the day of the recital

MAKEUP

Stage lights are intense and make a dancer's face look washed out. Properly applied stage makeup will illuminate and accentuate your dancer's features under bright, colorful stage lights.

We suggest neutral eyeshadow under the brow and a lid color a couple shades darker than your dancer's skin. Mascara (try finding a travel size tube which will be easier to apply to your tiny dancer).

Eyeliner if tolerated. Blush on the apple of the cheeks. Longwear lipstick that is less prone to smudge. Lipliner helps the lipstick stay in place.

NEED HAIR HELP?

SIGN UP FOR OUR FREE BUN BAR!

COSTUME & ACCESSORIES

- To ensure that there are no costume problems, students should not wear their costumes, accessories, or tights prior to dress rehearsal, or the recital.
- To release wrinkles in your ballet tutus, hang them upside down on a hanger in the bathroom and immerse them with steam from the shower.
- Please make sure all accessories/hair pins are kept with the costume. No need to purchase tights this year. If needed, your dancer will be receiving them with their costume!
- Shoe tip! Never wear your dance shoes outside, it will ruin them!

PRE-PLANNING

A Recital isn't a one-day activity. Gather all costumes, accessories, shoes, and make-up several days in advance so you'll know if something is missing or isn't right.

Please make sure your child is sent backstage with the following extras:

- Comb and/or brush
- Hair ties & bobby pins
- Lipstick and any other makeup that might need to be touched up
- Labeled water bottle
- Extra tights
- Dance shoes
- Costume change (if applicable)
- Please let the backstage crew know if your child will be wearing a mask onstage.

SHOW DAY

The Big Day is finally here.....

The #1 most important thing to remember on show day is, be positive, be prepared and be on time!

It's such an exciting and busy day for everyone, we want to set our dancers up for success and we need your help. On top of making sure your dancer has everything they need, it's important that your dancer arrives on time to get adjusted to their surroundings and the staff who will be supervising them backstage. And lastly we want this to be a fun and positive experience for all. We know there may be nerves, but as teachers and parents, we're here to quell the nerves. If your child is shy or nervous about performing, be low key and relaxed when you talk about the show. Explain that you're looking forward to seeing the performance because you know it will be a great show. As a parent, if you are nervous or anxious about your child's performance, your attitude will be transferred to your child. So be positive! After all, you want your child to feel happy and positive about the performance. Model the happy, positive behavior you want your child to have.

Try telling your child:

"You're going to have so much fun dancing with your friends!"

"I'm so happy you're going to share your dance with us."

"Everyone will clap for you because you're going to dance beautifully."

A FEW LAST REMINDERS.....

- Be prompt! Please be aware of your dancers show assignment and specifically, the requested time of arrival. In addition we ask that you quickly collect your child at the end of the show, as we have a quick turnover between show times.
- A staff member will be on hand to help your child backstage during the recital but don't forget to have your child use the bathroom before you drop them off backstage!
- Make sure your dancer is sent backstage with all the necessities, just in case touch ups need to be made. No snacks will be permitted backstage, however please pack a labelled water bottle. We will be showing a movie backstage and will provide multiple activities to engage your dancer while they are waiting to perform.

Now sit back, relax and enjoy the show!

Still have questions?

email us at community.gbsd@gmail.com